



# Foundations 1

**Holland Road Baptist Church  
April 2014**



# Week One

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## Learn the Truth: The only True God (John 17:3)

We live in a multi-faith society. How many gods are there? (Exodus 20:1 - 4)

### 1. The Only God

The creator and controller of everything, therefore unique. He made everything, He made us. (Genesis 1:1; Acts 17:24-28)

### 2. The True God

All religions try to find, or make a way to God. Only in Christianity does God make himself known to us. i.e. Revelation

- a) Nature (Romans 1:20)
- b) The Bible (2 Peter 1:19-21)
- c) Jesus (Hebrews 1:1 and 2; John 14:6)

We can only  
know God  
because he  
reveals  
himself to us

## Learn to Live: Bible Reading

- 1. Prayerfully (1 Corinthians 2:14)
- 2. Thoughtfully (Romans 12:2)
- 3. Daily (Matthew 4:4)

#### 4. Obediently (John 14:15)

### Learn by Heart:

'Jesus answered, "I am the Way, the Truth and the Life - no one comes to the Father except through me.'" **John 14:6**

### Learn from Luke:

<b>Day 1</b>	1:1-25	What can I learn from Zechariah's example?
<b>Day 2</b>	1:26-56	What can I learn from Mary's example?
<b>Day 3</b>	1:57-80	What can I learn about what God does, from Zechariah's song?
<b>Day 4</b>	2:1-20	How do different people in the story react to the birth of Jesus? What does this teach me?
<b>Day 5</b>	2:21-52	What do I learn about Jesus as a child?
<b>Day 6</b>	3:1-23	What can I learn from John's teaching?
<b>Day 7</b>	4:1-11	How did Jesus deal with the temptation. What can I learn from this?

### Highlight of my week's Bible reading:

## Week Two

### Learn the Truth: God and People

#### People are special (Genesis 1:26,27,31)

- a) made to love God (Luke 10:27)
- b) made to act freely (Mark 10:21-22)
- c) chose to go their own way (Genesis 3:6 and John 3:19)

#### God is holy, righteous, just.

People are sinners (wrong inside)

- a) going their own way (Isaiah 53:6)
- b) falling short of God's standards (Romans 6:23)
- c) separated from God (Genesis 3:8)

But God still loves people, so ..... (John 3:16)

God and people are separated by sin

### Learn to Live: Prayer

#### Talking to God

- Worship** "Thank you for who you are"
- Praise** "Thank you for what you have done"
- Confession** "I'm sorry, Please forgive me"
- Requests** "Please do this for me/for others"

#### Alone with God

A special time and place (Luke 5:16)

Any time or place (Matthew 14:30)

**Together with God** (Matthew 18:19)

## Learn by Heart

*'For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.'* **John 3: 16**

## Learn from Luke

<b>Day 1</b>	4:14-44	How did Jesus show his power and authority
<b>Day 2</b>	5:1-16	What can I apply to myself from what Simon Peter said in verse 5, and what the leper said in verse 12?
<b>Day 3</b>	5:17-39	What can I learn about forgiveness?
<b>Day 4</b>	6:1-26	Why did Jesus say that poor, hungry, sad and hated people are blessed (happy)?
<b>Day 5</b>	6:27-49	Write down one thing from these verses that you realise you ought to do, but are not doing. Ask the Lord to help you do it.
<b>Day 6</b>	7:1-35	What can I learn about faith (trusting Jesus) from the centurion, and from Jesus' reply to John?
<b>Day 7</b>	7:36-50	What more can I learn about forgiveness?

**Highlight of my week's Bible reading:**

# Week Three

## Learn the Truth: Jesus - God and Man

### Man

- He was born in Bethlehem and grew up in Nazareth.
- He was hungry (Luke 4:2), tired (Mark 4:38), sad (John 11:35). He called himself the Son of Man.

### God

- He showed divine power (Mark 4:41) etc.
- He claimed to be the answer to human need (John 6:35; John 8:12; Matthew 11:28-30) etc.
- He claimed to be the giver of life (John 5:21, 26)
- He claimed to be the judge of all (John 5:22, 27)
- He claimed to be eternal (John 8:58)
- He claimed to forgive sin (Luke 5:20-26)
- He claimed that to know Him is to know God (John 14:7-9)

**Jesus is truly God and truly man**

## Learn to Live: Temptation

Temptation is not in itself sin. Jesus was tempted. (Hebrews 4: 15)

### Source of Temptation

- a) A spiritual enemy - Satan (Genesis 3:1; Matthew 4:3)
- b) A corrupted world (1 John 2:15,16)
- c) A sinful nature (Romans 7:15,18)

### Dealing with Temptation

- a) Use the Bible (Luke 4:4-12)

b) Pray for help (Psalm 70:5)

c) Be careful! (1 Peter 5:8)

1 Corinthians 10: 13 We don't have to give way to temptation

### Learn by Heart

'For it is by grace you are saved, through faith – and this not from yourselves, it is the gift from God – not by works, so that no-one can boast'.  
**Ephesians 2:8, 9**

### Learn from Luke

<b>Day 1</b>	8:1-25	What kind of soil am I like when I hear God's Word from preaching or from reading the Bible?
<b>Day 2</b>	8:26-56	How did Jesus show His power as the Son of God in these two incidents?
<b>Day 3</b>	9:1-27	What difficulties may a follower (disciple) of Jesus have to face? Would I be ready to face them?
<b>Day 4</b>	9:28-45	What new things did the disciples learn about Jesus?
<b>Day 5</b>	9:46-62	What can I learn from the different people mentioned in these verses?
<b>Day 6</b>	10:1-24	Why was Jesus full of joy, and why should I rejoice?
<b>Day 7</b>	10:25-41	What can I learn from the example of the Samaritan, of Martha and of Mary?

### Highlight of my week's Bible reading:

## Week Four

### Learn the Truth: Jesus - His life and work

**Birth** - of a virgin (Luke 1:26-37)

**Life** - His miracles (John 20:30, 31) & His teaching (Mark 1: 27)

**Death** - Voluntary and purposeful (John 10:17,18); (John 18:4-6)

**Resurrection** - Real and significant (1 Corinthians 15:12-14,20)

**Ascension** - (Acts 1:3, 9)

**Coming Again** - (Matthew 24:30, 31); (Acts 1:11)

### Learn to Live - The Cost

The Christian life is not easy

- It wasn't easy for Jesus (John 15:18-20)
- He never promised it would be easy for us (Matthew 19: 24)
- But it's worth it! (Philippians 3:7-9); (Matthew 5:11,12)

Jesus lived a sinless life, died on a cross, rose from the dead and is coming again

**"If Jesus Christ is God and if he died for me, then no sacrifice can be too great for me to make for Him"**

### Learn by Heart - Revise

'Jesus answered, "I am the Way, the Truth and the Life – no-one comes to the father except through me'.  
**John 14:6**

'For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life'. **John 3:16**

'For it is by grace you are saved, through faith - and this not from yourselves, it is the gift from God - not by works, so that no-one can boast'. **Ephesians 2: 8-9**

## Learn from Luke

<b>Day 1</b>	11:1-28	What can I learn about prayer?
<b>Day 2</b>	11:29-54	The religious leaders (Pharisees, experts in the law) gave a bad example. What should I do instead of what they did?
<b>Day 3</b>	12:1-34	What should have priority in my life, and what is only of secondary importance?
<b>Day 4</b>	12:35-59	"You must be ready" (verse 40) What for? And in what ways?
<b>Day 5</b>	13:1-17	"Fruit on the fig tree" (verse 7) What sort of 'fruit' does Jesus look for in my life?
<b>Day 6</b>	13:18-35	What does Jesus say about the people who will enter the Kingdom of God, and those who will not?
<b>Day 7</b>	14:1-24	Where to sit, and how to respond to the invitation - what spiritual lessons is Jesus teaching?

## Highlight of my week's Bible reading:

## Week Five

### Learn the Truth - Forgiveness (Justification)

#### Because of the death of Jesus

- Illustrated in the Old Testament (Exodus 12:1-13)
- Prophesied in the Old Testament (Isaiah 53:3-9)
- Taught by Jesus in the New Testament (Matthew 20:28)
- Explained in the New Testament (2 Corinthians 5:21)

#### Ephesians 2:8,9

- **By grace** - by what God did in Jesus
- **Through faith** - through believing
- **Not by works** - not because of what I do

Salvation is not based on what I do but on what Jesus did.

#### Learn to Live - Guidance

- How can I know what God wants me to do? **God has promised to guide** (Psalm 32:8)
- Know the Bible - direct commands and basic principles (2 Timothy 3:16)
- Live by the Bible (John 13:17)
- Keep praying (Psalm 27:11)
- Talk to Christian leaders (Acts 13:2-4)
- Think and use your mind (Romans 12:2)

- Don't be silly
- Leave room for surprises

Ask yourself, "What would Jesus do?" WWJD

## Learn by Heart

'So then, just as you received Christ Jesus as Lord, continue to live in Him, rooted and built up in Him, strengthened in the faith as you were taught, and overflowing with thankfulness.'

**Colossians 2:6-7**

## Learn from Luke

<b>Day 1</b>	14:25-35	What can I learn about the cost of following Jesus?
<b>Day 2</b>	15:1-32	What can I learn from these stories about God's love for me?
<b>Day 3</b>	16:1-31	What can I learn from these stories about God's love for me?
<b>Day 4</b>	17:1-19	What can I learn about forgiveness, duty and gratitude?
<b>Day 5</b>	17:20-37	What does Jesus teach about His coming again?
<b>Day 6</b>	18:1-17	What can I learn about prayer from these two stories?
<b>Day 7</b>	18:18-43	Why did Jesus tell the ruler to sell everything?

## Highlight of my week's Bible reading:

# Week Six

## Learn the Truth - Made New (Sanctification)

**Justification** - once for all - getting right with God

**Sanctification** - on-going - becoming like Jesus, doing what God wants

<b>New birth</b>	(John 3:3-6; Corinthians 5: 17)
<b>New motivation</b>	(2 Corinthians 5:14, 15)
<b>New values</b>	(Matthew 6: 33; Philipians 3:7, 8)
<b>New power</b>	(through the Holy Spirit - week 7)

## Growth

- from infancy to maturity (1Peter 2:2, 3)
- from needing help to being helpers (Hebrews 5:12)
- transformed to be more and more like Jesus (2 Corinthians 3:18)

## Means of Growth

- keep in touch with God (Bible, prayers)
- keep in touch with God's people (Church— week 8)
- share God's word with others Obey! (John 14:15)

We need to become more and more like Jesus

## Learn to Live - Fellowship

Should I go to church regularly?

A Christian has become part of the family of God, the Church so:-

- Go to church (Acts 2:44-47; Hebrews 10:25) - We need each other
- Receive from the church - Learn from the teaching and join in the worship
- Give to the church - Commitment (week 7)

## Characteristics of a Baptist Church:

- Authority of the Bible above tradition
- Baptism of believers (Acts 2:38)
- Free form of worship
- All the membership look on God's leading

## Learn by Heart

'I have hidden your word in my heart that I might not sin against you.'  
**Psalm 119:11**

## Learn from Luke

<b>Day 1</b>	19:1-27	What can I learn from the story of the ten minas?
<b>Day 2</b>	19:28-48	Which of the people in these verses caused Jesus grief? Do you grieve him?
<b>Day 3</b>	20:1-19	In this story, what do verses 13-15 remind me of?
<b>Day 4</b>	20:20-47	Why were these questions asked? How did Jesus deal with them?
<b>Day 5</b>	21:1-38	What are the principle things Jesus teaches about the end times?
<b>Day 6</b>	22:1-38	On the eve of his death what did Jesus teach his disciples?
<b>Day 7</b>	22:39-53	Why did Jesus make no attempt to escape from those who came to arrest him?

## Highlight of my week's Bible reading:

# Week Seven

## Learn the Truth - The Holy Spirit

**Promised by Jesus** (John 14:6, 17; Acts 1: 8)

**Sent after the Ascension** (Acts 2:1-4)

**Given to all believers** (Ephesians 1:13; Romans 8:9)

**He teaches us** - what God wants us to do (Acts 13:2)  
 - to understand the Bible (1 Corinthians 2:14)  
 - to know Jesus better (John 16:13-15)

**He changes us** - to be more like Jesus  
 'Fruit of the Spirit' (Galatians 5:22,23)

**He equips us** - to serve God  
 'Gifts of the Spirit' (Ephesians 4:11,12)

## Learn to Live - Service

### How can I serve God?

- Use your Gifts (Romans 12:4-8)
- Witness - tell others about Jesus (1 Thessalonians 1:7-10; Acts 4:20)
- Give what you can financially. (Malachi 3:10; 1 Corinthians 16:1, 2; 2 Corinthians 8:1-5)

The Holy Spirit is God living in us

## Learn by Heart

### Revise

'Jesus answered, I am the Way, and the Truth and the Life - no-one comes to the Father except through me.' **John 14:6**

'For God so loved the world that he gave his one and only Son, that

whoever believes in him shall not perish but have eternal life.'  
**John 3:16**

'For it is by grace you have been saved, through faith – and this is not from yourselves, it is the gift of God – not by works so that no-one can boast'  
**Ephesians 2:8,9**

'So then, just as you have received Christ Jesus as LORD, continue to live in Him, rooted and built up in Him, strengthened in the faith as you were taught, and overflowing with thankfulness'  
**Colossians 2:6,7**

'I have hidden your word in my heart that I might not sin against you.'  
**Psalms 119:11**

## Learn from Luke

Day 1	22:54-71	What would I have done in Peter's place? Would I have gone to the High Priest's house? Denied Jesus? Wept afterwards?
Day 2	23:1-25	Did Jesus have a fair trial? Why?
Day 3	23:26-46	Let me meditate that He suffered all this for me!
Day 4	23:47-56	What did the different people in these verses do? What should I do as I remember how Jesus died?
Day 5	24:1-12	He has risen verse 6. Who believed and who didn't believe? Do I believe?
Day 6	24:13-35	What did Jesus and the two disciples talk about on the journey?
Day 7	24:36-53	How did Jesus convince His disciples that He really was alive?

## Highlight of my week's Bible reading:

## Week Eight

### Learn the Truth - The Church

**What the Church is** - the community of all believers, God's family  
 - a local community of believers is a local Church

### What the New Testament church was like (Acts 2:41,42)

- **Fellowship** (Acts 2:4-6) We need each other (1 Corinthians 12:12,21)
- **Teaching** The apostles' teaching is found in the Bible. We need to be taught
- **Prayer** We need to pray together (Matthew 18:19) As well as alone with God (Luke 5:16)
- **Breaking of bread** (LORD's Supper, Communion) We need to remember what Jesus did to save us (1 Corinthians 11: 23-26)
- **Baptism** (Acts 2:41) public declaration of commitment to Jesus
- **Commitment** "they devoted themselves" (Acts 2:42) public commitment to the fellowship of the church and acceptance of responsibility. For us, this is worked out through church membership.

As a  
 believer, I  
 am part of  
 God's  
 Church

### Learn to Live - Assurance

How can I be sure I am a Christian?

Satan makes you doubt Luke 4:3,9

Your own sin makes you doubt. "How can I be a Christian when I behave like that?"

### Look to Jesus for assurance

- You became a Christian because of what God did for you through Jesus (Ephesians 2:8, 9)
- He doesn't change (Hebrews 13:8)

- You belong to the family of God (John 1:12)
- All sin can be forgiven (1 John 1:7, 9)

**Read:** Isaiah 54:10; Romans 8:38, 39; John 10:28-30

## Learn by Heart

### Continue to revise all of these verses learned

'Jesus answered, I am the Way, and the Truth and the Life - no-one comes to the Father except through me' **John 14:6**

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life' **John 3:16**

'For it is by grace you have been saved, through faith - and this is not from yourselves, it is the gift of God - not by works so that no-one can boast' **Ephesians 2:8,9**

'So then, just as you have received Christ Jesus as LORD, continue to live in Him, rooted and built up in Him, strengthened in the faith as you were taught, and overflowing with thankfulness' **Colossians 2:6,7**

'I have hidden your word in my heart that I might not sin against you.' **Psalms 119:11**

## Highlight of my week's Bible reading:

